

# AL-Furqaan Tours & Travels

## Hajj, Umrah & Ziyarat Services

Our service to our Hujjaj is our service to ALLAH (SWT)

### IMPORTANT GUIDELINES

#### HAJJ TOUR

- All **HAJJ PILGRIMS** arrive in **JEDDAH** at **HAJJ TERMINAL**. Since nobody from outside is allowed to enter the **HAJJ TERMINAL** except the airport and service provider staff (moallim), you will be received at **HAJJ TERMINAL** by the service provider personal and they are responsible to arrange bus for you to proceed to Hotel in Makkah.
- Normally the procedures at the **HAJJ TERMINAL** takes around 6 to 8 hours, you are advised to carry some food items (snacks) in case you require and we request you to please be patient and to co-operate with the staff at the airport.
- Food will not be provided on airports and during intercity transfers and in Muzdalifa.
- Every pilgrim is responsible to look after his / her own ticket. Please do not attach your ticket to the passport. The passport will be taken off you at Jeddah airport & will be returned to you once you have returned to Jeddah airport having performed Hajj.
- Please keep your individual identity card that company has provided with you at all times throughout your Hajj. Plastic bracelet with the name, address and telephone number of your Tawafa Establishment printed on it. Make sure you carry this bracelet at all times. In case you are lost or have an accident, this bracelet will let you get to the right people.
- Pilgrims are requested to write their name / address / group name / mobile no's on their baggage's and take proper care of their luggage throughout the journey.
- All pilgrims must carry one extra ehram and required medicines.
- In the KSA the Saudi Government has the sole responsibility for the movement of pilgrims between Jeddah, Makkah, Mina, Arafat, Muzdalifa, Medina or any other point of pilgrimage in the KSA (All your costs have been covered by the Hajj Draft). Our tour manager has no control whatsoever over the transportation, this includes and not limited to, timing, quality of the transport, duration of the journey, facilities on the transport. The KSA has the sole responsibility of tents in Mina & Arafat; our tour manager will assist where possible but this element of the pilgrimage is outside of our control and company cannot be held responsible in any shape or form for the quality or services at these points in the pilgrimage. Transportation for Tawaf-e-Ziarat is not included.
- Room sharing in Azaziya will be as per room size. No transport from Azaziya to Haram will be provided. Pilgrims have to arrange transportation on their own.
- Air India allows only 30 kilos of luggage inclusive of 10 liters of Zam Zam per Hajj. Increase in luggage will be charged extra by the airlines.
- Please don't keep any valuables in your room, deposit it at Hotel counter in safe deposit box. We and Hotel management is not responsible for any loss in the room.
- **If you have any problems please do not hesitate to contact our Group Leader.**

### ADVISORY FOR HAJJ PILGRIMS

The following advisory is being issued for the precautions to be taken during Hajj pilgrimage:

- They should carry minimum cash and valuables while visiting Holy Haram or other crowded places.
- Women should only travel with the Mehram and should not go out alone.
- All Hajj visitors should be very careful while traveling by taxis. They should avoid traveling alone in taxis and should try to note the Taxi Registration No.
- While traveling with women in taxis, the men should be the first one to board and last to get out from taxi. They should not leave women alone in the taxi.
- Hajj pilgrims are advised not to take obligation from unknown persons as this, at times, has resulted in people being cheated after gaining their confidence.
- **Carrying of drugs, contraband items, alcoholic preparations like intoxicants including khas khas (Posta poppy seeds) are banned in the Kingdom of Saudi Arabia.**
- Pilgrims should never leave their baggage out of sight and should not carry anything given by strangers or anybody else without properly checking the contents.
- One must not pick up anything lying in or around Haram Sharief as CCTV cameras are installed in Haram Sharief. Picking up items that do not belong to one-self could result in arrest.
- Always keep your belongings with you in Haram Sharief.
- Do not be trapped in fraudulent mobile messages / calls.
- Keep two photocopies of your passport / visa / ticket and other related travel documents carefully, with your luggage.
- Do not sit in any private vehicle on other's insistence.

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**In case of any problem, you may approach Consulate General of India / Indian Haj Mission, Makkah / Indian Haj Mission, Madina at the following addresses:**

Name of Office	Address	Tel No.
Consulate General of India, Jeddah	Building of Mr. Mansoor Abdul Rahman Al Huseesh, Villa No. 34 (Behind National Commercial Bank) Near Al Huda Mosque, Tahila Street, Jeddah	02-2840130
Indian Haj Mission, Makkah	Opp. To Qisla Parking, Makkah	02-5603580 02-5427303
Indian Haj Mission Madina	Behind Enjaz Bank, Steen St, Madina	04-8387549

### **HOSPITALS / DISPENSARIES NEAR HARAM SHARIEF, MAKKAH AL MUKARRAMA**

S. No.	Name	Location	Telephone
1	Ajyad Hospital	Ajyad	02-573-0070
2	King Abdul Aziz Hospital	Zahir	02-544-2400
3	King Faisal Hospital	Sisha	02-544-6411
4	Noor Hospital	Azizia Junibia	02-566-5000
5	Hera General Hospital	Masjid Aisha (Taneem)	02-545-7774

### **INDIAN HAJ OFFICE CUM DISPENSARY MADINA AL MUNAWWARAH**

S. No.	Name	Address	Telephone
1	Assistant Hajj Officer, Indian Haj Office Madina al Munawwarah	Behind National Company near Al Quds Hotel, Sitteen Street, Madina al Munawwarah	04-838-0025 04-838-4715
2	Medical Officer Incharge, Indian	-do-	-do-

### **HOSPITALS / DISPENSARIES NEAR HARAM SHARIEF, MADINA**

S. No.	Name	Telephone
1	King Fahad Hospital	04-8460900 / 04-8460145
2	Children & Maternity Hospital	04-8499999
3	Ansar Hospital	04-8361336
4	Ohad Hospital	04-8300016
5	Chest Hospital	04-8266639
6	Al Meeqat Hospital	04-8401682

### **EMERGENCY No's**

S. No.	Name	Telephone
1	Fire	998
2	Ambulance	997
3	Police	999
4	Road Accident	993
5	Road Safety	997

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### THINGS TO TAKE/GATHER BEFORE DEPARTURE

The following is a fairly comprehensive list of things you will need to take with you to make your journey and subsequent stay in Saudi Arabia safe, convenient, and relatively care-free. Since personal needs and preferences vary, you may want to make changes in this list to suit your own requirements.

- Ihram (2 sets).
- Medication
  - Gastrointestinal and respiratory infections are very common during Hajj. People from all over the world bring with them all kinds of infections, and the unavoidable closeness of the hundreds of thousands of pilgrims facilitates easy spread of these illnesses. Fatigue, and lack of sleep from the physically demanding regimen of Hajj rites as well as the overenthusiastic exertions in prayers and devotions, lower one's immunity and resistance, thereby making one more vulnerable to disease. However, you can take elementary precautions to minimize your chances of becoming ill, and also to ensure that you will get back on your feet faster should you get sick. Getting and staying in good physical shape by regular exercise prior to your departure is a good first step. You can also carry certain medicines with you for use later.
  - Carry a reasonable supply of over-the-counter drugs:
    - a) Pain killers such as aspirin, or paracetamol, diclofenac.
    - b) Pain relieving creams such as Volini Gel OR DEEP HEAT OINTMENT (for muscular pain)
    - c) Anti-diarrheal such as Lopramide.
    - d) Cough Syrups Dry, multivitamins, strepsils (a lot), antibiotics, antibacterial creams, ankle wrap/ brace (for sprains) and plaster dressings/band aids (for cuts) are also useful items to take with you.
    - e) It is important to carry a warning card if you suffer from diabetes or heart disease etc.
    - f) Vitamin C - (start taking long before trip).
    - g) medicine for constipation
    - h) ORS (Salts) (This is also very important.)
      - Avoid continuous direct sunlight for long periods. In order to avoid heat stroke and dehydration you must keep on drinking (reasonable) quantities of water and preferably adding these salts to the water).
    - i) Any other medicines prescribed by doctor (such as B.P. Sugar etc.)
- Waist Pouch
  - Keep valuables (documents, money, traveler's checks, keys, credit cards, and so on) in the fanny pouch around your waist at all times. Do not ever leave your hotel without it. Be especially careful and wary in crowded places. Unfortunately, there are thieves and pick pockets even inside Al-Haram Sharif! Hold on to the pouch with your hand in crowds, while doing Tawaf or when visiting Al-Masjid An-Nabawi (The Prophet Mosque) in Madina. Buy a good quality fanny belt or pouch. For sisters get a little purse (usually cloth) attach a string and keep your money and other important documents / phone no's etc and things in it around your neck inside your clothes at ALL times.
- Suitcase
  - Hard-case high-quality luggage with a built-in locking system is highly recommended. Do not use a soft, vinyl suitcase with outside hasps for locks. Both the suitcase as well as the locks can be easily cut and the contents stolen. Many people have the mistaken notion that everyone in and around the holy cities of Makkah and Madina and Al-Haram Sharif is an Allah-fearing, devoted Muslim. Therefore, they feel immune from criminal activity. Unfortunately, that is just not true. In spite of the severe punishments awarded to convicted criminals by Saudi authorities, crime does exist. Pickpockets and crooks find it easy to prey on unsuspecting pilgrims whose guard is down because of their preoccupation with Hajj activities. Always keep your suitcase locked and do not ever leave money, important papers, or other valuables in it. Cleaning staff will periodically clean your residential room, and the best way to keep everyone honest is not to offer any temptation. Take two sets of keys for your suitcase. Keep one set in the fanny pouch and the other in a separate, safe.
- Vaccination card, passport & tickets (Make 2 copies of all your documents).
- Some cash, a credit/debit card.
- A Small Thermos (light weight). This is optional but very important; fill it with water from time to time from coolers, which will be available everywhere in all haj areas.
- Umbrella (optional) you cannot easily walk with an open umbrella in large crowds since it causes inconvenience to others.
- Seven Beaded Tasbeeh highly recommended, as it is useful to count the Tawaf and the Safa / Marwa roundtrips OR have any other suitable way to remember the roundtrip counts.
- Name, address and phone number of hotel in Makkah and Madina.
- Phone numbers of your travel agent (in the Kashmir as well as in Saudi Arabia).
- Luggage – Hard luggage with heavy duty wheels.
- Pocket / Travel Prayer Mat.
- Small carrying bag for Mina, inflatable pillow and thick sheets, Small torch with extra batteries.
- Copy of the Quran to read during flight and travel delays.
- Hajj guide, book of Dua in small size, a pen or pencil, small note book, small bag for pebbles.
- Digital wrist watch with alarm facility.
- Toiletries – unscented soap, plastic soap dish, unscented vaseline, earplugs, nail clipper, small scissors, towel, comb, unscented sunscreen lotion, multi-blade pocket knife, unscented napkins, razors, toilet paper, needle and thread.
- Mobile phone / phone charger to keep in touch with home or if accompanied by relatives (spouse, etc.).
- Before departure, do a general cleanup: clip nails, shave private areas and trim mustache.

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### **THINGS TO AVOID**

- Cigarettes or Tobacco.
- Jewelry, expensive watches or other valuables.
- Overloading yourself with items you may not need.

### **RE BAG FOR THE 5 DAYS OF HAJJ**

For the five days of Hajj, and travelling between Mina, Muzdalifa, `Arafat, back to Mina and Makkah, you will require a small to medium lightweight suitcase that is easy to carry. A backpack is ideal. Anything larger is going to be awkward for you to carry around.

- A light-weight sweater or a shawl that can double as a blanket for the cool nights in Muzdalifa,
- A small hand towel.
- An extra pair of slippers/sandals.
- Unscented lotion or Vaseline.
- Unscented sunscreen.
- A small umbrella: a light-collared one will reflect rather than absorb light.
- Small flashlight.
- Toilet paper.
- Tooth-brush, miswak and tooth-paste (although you can only use the latter after you come out of ihram).
- Snacks, such as energy bars, dried fruit and nuts.
- Refillable water bottles.
- A spray bottle is indispensable for making wuzu; when getting to the taps is difficult in the crowd.
- Hajj manual, a small copy of the Quran and books with dua, and so on.
- An old sheet; which many sisters have found useful as a cover as well as for dividing a tent and creating a barrier from men should the need arise.
- Essential medication and a small first-aid kit containing Band-Aids, painkillers, and so on.
- Small bag for pebbles.
- A Small Shoulder Bag: On the day of Arafat, you'll be asked to leave your big bags at Mina camp; this means you'll need a small bag to carry any personal items / books you need for the day. A small shoulder bag can be very useful for this instead of a plastic bag that can get lost. Inflatable pillow and thick sheets, small bag for pebbles.

### **THINGS TO DO ON HAJJ**

Many of those at Hajj may find themselves sitting in a tent thinking to themselves, now what do I do? Some pick themselves up and go around doing things pleasing to Allah; others may not capture the moment due to inexperience. So here is a list of beneficial things to do during your Hajj trip.

- Be polite to other Muslim's.
- Say Salaam to strangers.
- Shake someone's hand and ask about his/her health.
- Offer to get someone's groceries.
- Sit with a Hajj group from another country and ask about Islam in their country.
- Carry someone's bags for them.
- Guide someone ill to the infirmary.
- Shun vain talk
- Recite Talbiyah loudly, encouraging others.
- On the days of Eid, walk through the tents reciting Talbiyah loudly reminding others.
- Gather stones for people.
- Offer to throw on behalf of unable hajjis.
- Guide people to the Jamarat.
- Lower your gaze.
- Remind people of the lives of the Sahaabaa.
- Read Quran with the tafseer.
- Do the authentic dhikr in the morning and evening
- Make dua during your Sajdah.
- Give major attention to shy people in your group.
- Remind people of patience, why they came on Hajj.
- Explain a Hajj khutbah you may have heard to those around you.
- Explain the importance of purifying ones actions for the sake of Allah.
- Phone relatives (from Makkah) on Eid day.

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- Make dua for forgotten friends (and the author of this list)
- Don't allow Muslims to fight during Hajj.
- During the heat, remember the unending torment of the Hellfire.
- Say Laa ilaaha illAllah, wahdahu laa shareeka lahu, lahul mulk wa lahul hamd, wa huwa alaa kulli shayin qadeer 100 times.
- Give charity to those who sell meager things (i.e. sandals, eggs, etc.)
- Remind people to go home as better Muslims.
- Forgive people who wrong you.
- Compliment someone sincerely.
- Visit the hospital and thank Allah for all that He has given you.
- Ask about the health of senior men / women in your group. Make sure they are attended to.
- Focus hard on helping those immediately near you.
- Take people to the slaughter house and help them or assist them in purchasing their slaughter coupons
- Remember specific blessings Allah has bestowed upon you and say Alhamdulillah
- Pray to Allah using His 99 Most Beautiful Names.
- Use a miswak.
- Always hope for rewards from Allah for everything you go through during Hajj.

### **MERCHANDISE FROM MAKKAH & MEDINA**

**Must Buy Items include Ajwaa Dates, Rogne Ballasan, Nabi Booti, Maryam Booti and Aswad Surma.**

#### **Excellence of Ajwaa Dates**

Beloved Prophet Hazrat Muhammad (SAW) favorite dates! Ajwa dates keep away harm, poison and magic. Ajwa is a soft dry variety of date fruit from Saudi Arabia. It is cultivated at Madina. The Messenger (SAW) said, "Whoever has seven Ajwa dates every morning he will not be harmed on that day by poison or magic." The Messenger (SAW) said, "Ajwa dates are from paradise."

#### **Rogne Ballasan**

Rogne Ballasan is an Oil Extracted from a tree in Wadi e Badr. Very rare and expensive with innumerable uses. Highly activated for piles, paralysis, wounds, diabetes, pain, venereal diseases, liver diseases, liver and sexual weakness for paralysis, wounded pain and liver diseases, worm. Add 30 gm. of olive oil and add 6 drops ballasan in it then massage on irritated part of body apply it on wound, on piles and on liver.

For Diabetes, Venereal diseases, asthma and sexual weakness. Take 25 ml milk and add 2 drops of BALLASAN in it and drink mixture after isha prayer, dinner should be taken after magrib prayer. Do not use sugar in the milk.

#### **Nabi Booti**

Nabi booti is an Herb that is found in Madina. It is said that once a person came to Prophet Muhammad (SAW) and said Rasoolallah (SAW) I do not have children please give me a child. Rasoolallah (SAW) said ask Allah he will give. The man said NO. I will ask only you please give me a child. Again Rasoolallah (SAW) said ask Allah he will give. Again the man asked Rasoolallah (SAW). Then a wahi came to Rasoolallah (SAW), which asked Rasoolallah (SAW) to pluck the herb which is growing on the ground and give to this person and Rasoolallah (SAW) did pluck the plant and gave it to that person and after eating that herb the person got a child.

That plant or Herb is known as Nabi Booti and is available near Jable Uhud.

Please don't get confused with the flower which some people bring which is supposed to open when women gives birth and make birth easier for her?.....That's called Maryam Booti

#### **Maryam Booti**

This is an herbal plant used to speed and aid labor pain during delivery.

#### **Sugar Booti**

This is an herbal plant used for Diabetes patient to control their Sugar. Is prepared like normal tea and is available only in Medina.

**May Allah SWT make it a safe journey for all the Hujjaj, Ameen!**

**May Allah SWT accept your Hajj, give the best of rewards and make it easy for you. Ameen!**

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